

Save the Date

Proceeds from both events are designated toward the CAE Luna - a completely wireless and tetherless infant simulator - used to train healthcare teams to respond effectively to unexpected, life-threatening events in infants.

The simulator represents a baby from newborn status to 28 days post-delivery. The simulator offers a comprehensive range of features and training options in infant care conditions including respiratory, neuro, digestive and urinary, circulatory, musculoskeletal, and more.

Golf Classic July 15 Kestrel Ridge Golf Club

Join us for a fun-filled day of golf. The 18-hole scramble features hole prizes, hole-in-one opportunities, games, golfer gift bag, box lunch, door prizes, and after-golf appetizer and award event. Prizes for the top scoring teams in three flights. Reserve your foursome spot by calling 920-623-1370.

- 9:30 a.m. shotgun start
- Registration fee \$125 per golfer.
- Sponsorships available!
- Reserve your spot by contacting Kristi at 920-623-1370 or Foundation@PrairieRidge.Health or register at the link below

www.eventregisterpro.com/event/GolfPRH

Trap Shoot August 13 at Columbus Sportsmans Association

Outdoor enthusiasts of all ages will enjoy this annual trap shoot event, which ends the day with an Annie Oakley competition and a raffle. 10 a.m. - 5 p.m. Food and fun throughout the day! No reservations needed.

Building strength and friendships through Cardiac Rehabilitation

FMUB funds new cardiac telemetry system at PRH



Alie Hayes, RN
PRH Cardiac Rehab

Support, education, a dedicated team, and a bit of fun make the Cardiac Rehabilitation Program at Prairie Ridge Health more than just an exercise program.

"When you enter our Cardiac Rehab gym, it's common to see patients talking with one another, laughing, or sharing stories with our nursing team," said Luanne Gould, RN, PRH Cardiac Rehab. "It is a positive environment that not only rebuilds a patient's physical strength and endurance following a cardiac episode, but their emotional well-being and self confidence as well."

The PRH Cardiac Rehabilitation Program is designed for those with cardiac conditions or those who have had heart surgery or heart catheterization. The individualized, medically supervised program of exercise and education builds a patient's strength and endurance so they may safely and effectively overcome some of the physical complications associated with certain types of heart disease. The multi-step process involves input from an entire team of healthcare professionals based on the needs of the patient.

"The unique aspect of the program is the friendly environment created by staff and patients who make it a comfortable experience for new patients who are anxious about exercise and their recovery," said Alie Hayes, RN, PRH Cardiac Rehab. "True friendships are built here."



Donor plaque designed and created by Black Woodworks

The Prairie Ridge Health Foundation is a non-profit organization to assist Prairie Ridge Health in providing outstanding health care services and promoting health throughout the area it serves.

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Cardiac Rehabilitation

Continued from front page



PRH team members from left Toni Wizner, ATC/L; Melissa Mangan, VP of Finance/CFO; Kristi Line, Executive Director of PRH Foundation; John Russell, PRH President/CEO; Luanne Gould, RN; Katy Geiger, RN, Director of Outpatient Services; Anne Donahue, PRH Foundation Board Member; Alie Hayes, RN – Cardiac Rehab; June M. Waterworth, FMUB Chairman of the Board; Randall G. Bobholz, FMUB President and CEO; Amanda Emery-Morris, FMUB Marketing and Training; Samantha Petrie, FMUB Retail Supervisor. Not pictured, Rolf Poser, MD, Cardiology and PRH Cardiac Rehab Medical Director.

Services. “Patients wear a small telemetry unit while exercising and this connects wirelessly to the central station where heart rate and rhythms are displayed.”

Up to eight patients may be monitored at once on the new telemetry system. Other information about patients’ response to exercise sessions is entered into the system. This helps the care team generate reports about the progress patients make during participation in the program.

“We are so grateful to receive this generous donation to fully fund the monitoring system,” said Kristi Line, Executive Director of the PRH Foundation. “FMUB’s donation allows us to use additional donations to assist in funding other needs in our heart healthy appeal, such as the three new EKG machines for our Emergency Department, inpatient units, and Respiratory Therapy Department to provide electrocardiograms to monitor heart health and quickly detect heart problems.”

FMUB’s President and CEO, Randy Bobholz, stated, “Farmers & Merchants Union Bank appreciates that we have a wonderful healthcare facility in our community that provides great, high-quality services, while keeping a cozy, hometown feel. Prairie Ridge Health continues to enhance their healthcare services along with using up-to-date technology to assist patients in their recovery close to home, which is appreciated by patients and caregivers alike.”

“It is so important for our community members to have not only strong personal health, but great financial health as well – it is the best way to keep our community strong,” he added. “FMUB is proud to be part of these efforts on both fronts.”

Donations to the Heart Healthy Community Annual Appeal may be given at www.PrairieRidge.Health/Donate or mailed to Prairie Ridge Health Foundation at 1515 Park Avenue, Columbus, WI 53925.

For additional information regarding the Prairie Ridge Health Foundation, contact Kristi at 920-623-1370 or kline@prairieridge.health.

“The staff and patients care about one another,” she added. “So there is a genuine accountability for people who are having difficulty maintaining their activity level or commitment to the program.”

Approximately 180 patients visit the program weekly, with 120 of them requiring monitoring. Patients usually graduate after 3-4 months and have the opportunity to continue to exercise at the facility through the PRH Fitness for Life Program.

Farmers & Merchants Union Bank in Columbus donated \$30,000 to the Prairie Ridge Health (PRH) Foundation to fully fund a new cardiac central monitoring system for the PRH Cardiac Rehabilitation Program in support of the PRH Foundation’s 2021 Heart Healthy Community Appeal.

“The Cardiac Rehabilitation central monitoring system is a computerized system that allows us to monitor patients’ hearts while they are exercising after a cardiac event,” explained Katy Geiger, PRH Director of Outpatient



PRH team member Alie Hayes, RN, Cardiac Rehab, checks in on Dan Amato, Cardiac Rehab patient, shown wearing one of the telemetry monitors.

Giving to the Prairie Ridge Health Foundation

Over the past year, your donations to the PRH Foundation made the following possible:

- **Therapy Equipment & Furnishings** for the new Rehabilitation Services Department and Cardiac Rehabilitation Through the A Step Forward Capital Campaign.
- **Donor Milk Refrigerator** for the Childbirth Services Department. To provide high-resolution images during endoscopy procedures to help detect stomach conditions such as gastritis, ulcers and cancer.
- **Water & Ice Machine** for Cardiac Rehabilitation To provide water for our Fitness for Life and Cardiac Rehab patients to ensure proper hydration during their supervised exercise programs.
- **Wheelchairs & Walkers** for Hospital Main Entrance. To transport patients and visitors throughout the hospital and clinic.
- **Hunger Care Program** for Diabetes Services To provide fresh, healthy food monthly for Diabetic and Pre-Diabetic patients who have been identified as food insecure.
- **Leg Stand*** for Medical Imaging To elevate extremities for portable trauma imaging.
- **Manual Standing Lift*** for Emergency Department To aid patients moving from a sitting to a standing position.
- **Nine Zebra Printers*** for Laboratory Services & Emergency Department To supply each patient room with a printer for lab reports.
- **Platform Truck & Deluxe Mail Cart*** for Materials Management. To deliver supplies throughout the hospital.
- **LymphaTouch Therapy Device*** for Rehabilitation Services To provide negative pressure treatment for acute & chronic edema, pain management, soft tissue restrictions, scars and fibrosis.
- **Tereboot Leg Positioner*** for Anesthesia To assist with peripheral nerve blocks that provide pain relief for any kind of ankle, foot or lower extremity surgery.
- **Refinishing of Bassinets*** for Childbirth Services To refresh and refinish the 5 bassinets in the birthing suites.
- **Helping Hands Program** A Grateful Patient Program that encourages patients and visitors to recognize team members who have gone above and beyond.
- **Dental Health Supplies** for Flu Kits for the ER To provide patients who present with the flu new toothbrushes, toothpaste and floss.
- **Wig Program** for Cancer Navigation Program To provide wigs for patients undergoing cancer treatment.
- **Mammography & Biopsy After Care Kits** with help from our local high school volleyball, football, and basketball teams.
- **Nursing Scholarships** for employees & high school students entering or furthering a nursing career.
- **Emergency Patient Assistance Funds** to assist patients with emergent needs, such as transportation, clothing, etc.

Total Donations
10/01/2020 - 9/30/2021
\$175,586
Employee Giving \$24,727

Thank you for helping our endowments grow

- PRH Foundation endowments:
- general
 - women’s health
 - infrastructure & equipment
 - community education

Items with * were purchased with donations from our team through the Employee Giving Program.

Gifts TO HELP US GROW

This section is devoted to recognizing those who contribute so generously to the Prairie Ridge Health Foundation. Your gifts are needed and sincerely appreciated. Every effort was made to assure an accurate listing. The following gifts were received from May 1, 2021 - February, 2022. In the event of an error, please contact the PRH Foundation Office at (920) 623-1370.

Given To Fund Destination:

In Honor Of:

Given By:

A Heart Healthy Community - 3 EKGs & Cardiac Monitoring System

Prairie Ridge Health

Joyce Abegglen
Adams-Columbia Electric Coop
Henry & Elizabeth Altschwager
American Family Insurance
– Eric Cotter
John & Roberta Benisch
Emma H. Bennett
Bob & Carol Black
Marilyn Blank
Kristine Braker
Daniel & Beth Burnard
Erin Bussian
Kenneth & Betty Buss
Dawn & James Carlson
Lee Columbus
Bernard Conlin
Cramer Family Foundation
Bill Daley
Dorothy Ebert
Ann Ehlenfeldt
Farmers & Merchants State Bank
Farmers & Merchants Union Bank
Helen Gehrke
Clifford & Krista Goeller
Robert & Janet Groh
Curt & Linda Hanson Family
Dorothy Hasey
Du Wayne & Judith Hatzinger
Trula & Lonn Hensler
William & Catherine Herrmann
Bevalee Hilbert
Patricia Hugget
Ruth Juech
Dolores Karow
Dolores Kaschub
Herb Kohl Philanthropies
Janet Koshel
Judith Lange
Catherine Langsdorf
Robert & Judy Lenz
Scott & Sue Mathwich
Evelyn McNulty
Pat McNulty
Randy & Rhonda Minick
MinuteMan Press – Baraboo
Rodney & Dianne Patrick
John Pearson & David Dodd
Dr. Rolf & Aline Poser

A Heart Healthy Community - 3 EKGs & Cardiac Monitoring System

Prairie Ridge Health

John & Vanece Prescott
Russ & Betty Rahn
Barbara & Gary Reifsnider
Ed & Patricia Schellin
Rodney Schubert
Clara Sennhenn
Patricia Showers
Janice Ulrich
Faye Underdahl
Patrick & Kristin Vander Sanden
Dr. James & Lorna Will
David & Susan Zittel

A Step Forward Campaign Rehab Equipment

Prairie Ridge Health

Larry & Lori Bartruff
Sheldon & Jeana Benzine
JH Findorff & Son, Inc
Jennifer & Chris Homman
Nancy Kind
Kevin & Lori McNulty
John & Rose Russell
Volunteers of Prairie Ridge Health
Patti H. Walker

Cancer Navigation

Breast Health

Cambria-Friesland Volleyball Team
Color X Salon
Columbus High School FFA
Columbus/Fall River Sno-Blazers
Joyce Gretzinger
Dr. Kathryn Kaldor
Marshall Volleyball Team
Dr. Veronica Minier
Allison Peck
Dr. Mark & Devra Rich
Royal Neighbors of America –
Doylestown/Rio

Emergency Services

Prairie Ridge Health

Madison Emergency Physicians

Gastroscope for Surgery Center

Prairie Ridge Health

Golf Classic Supporters – 2021
Trap Shoot Supporters – 2021

General Endowment

Prairie Ridge Health

Nancy Kind

Greatest Need

Trula Hensler

Kelly Cressy

Prairie Ridge Health Nursing Team

Jason Gullickson & Jamie Kratz-
Gullickson

Prairie Ridge Health

AmazonSmile
American Family Insurance
– Eric Cotter
Diane & William Breunig
Sandra Haack
Charles Johnson
Patricia Premo
Philip & Peggy Waterworth

Hunger Care Program

Prairie Ridge Health

Jerome & Christine Schleicher

Prairie Ridge Center for Orthopedic Excellence

Prairie Ridge Health

Bruce Gibson

Women's & Childbirth Services

Prairie Ridge Health

State Farm Insurance – Dave Maylone

Given To Fund Destination:

In Memory Of:

Given By:

A Heart Healthy Community - 3 EKGs & Cardiac Monitoring System

Bernice Kuck

Joyce Abegglen

Donald & Betty Langsdorf

Catherine Landsdorf

Rae Prisk

Joyce Abegglen

Bernard "Bernie" Vander Sanden

Laurie Pfiffner

Blood Bank

Robert Schuester

Kathleen Schuester

Gastroscope

Stanley McAliley

Caroline McAliley

Greatest Need

John Andler

George & Janet Roberts

Doris Dingee

Joyce Abegglen
William & Kaylen Betzig
Family & Friends of Doris Dingee
Bevalee Hilbert

Thomas & Ruth Ann Hermanson

Inez McMillan

Joanne Sampson

Arlene Sennhenn

Patricia Showers

Frank & Patti Statz

Al Strohschein & Kathryn Hoch

David & Donna Vanness

Marlys Weihert

Marvin E. Fierke

Joyce Shepard

Norma Withun

Doug Firari

Jerry & Kathy Andler

John & Annette Buggy

Patrick & Susan Connors

Family & Friends of Doug Firari

Thomas Firari

Dennis & Kara Inabnet

John & Susan Koshel

Erwin & Magdalena Kutzik

Erwin & Maureen Kutzik

Fredric & Cailin Lueders

Kevin & Lori McNulty

Jeffrey & Julie Miles

Richard & Kathleen Schoepp

Bonita Thomas

Marvin Venden

Josephine Willborn

Timothy Geiger

Diane Bleich

Andrew & Melissa Bradley

Patricia Fauser

Julie Gay

Carol Geiger

Curtis & Linda Hanson

John & Susan Koshel

Dr. Bruce & Pamela Kraus

Joycelyn Lienke

Fredric & Cailin Lueders

Evelyn McNulty

James Mobry & Juli Robbins-Mobry

Todd & Connie Piekarski

Bonnie Rostad

Bob & Peggy Schleicher

Patricia Showers

Gifts

Gifts received after February 28, 2022 will be printed in the next issue of the Foundation Focus.

Visit **PrairieRidge.Health** for more information or contact **Kristi Line** at 920-623-1370 or kline@prairieridge.health

Given To Fund Destination:

In Memory Of:

Given By:

Greatest Need

Timothy Geiger

Margaret Smith
Bruce & Judith Sullivan
Jessica & John Sullivan
James & Jana Weatherwax
David & Susan Zittel

Phyllis Griffith

Family & Friends of Phyllis Griffith
Joanne Sampson

Elsie Haima

John & Darlene Gaska

Beverly Hartl

Nancy Kind

Shirley Jahnke

Todd & Tracey Smith

Bernice Kuck

Dr. James & Elizabeth Beck
Tom & Debbie Csiacsek
Hermanson Concrete & Masonry
Shirley Johnson

Wilma Lenz

David & Jane Rahn

Marvin & Sherri Stringfield

Joseph Lawlor

Dr. William Becker

Roger & Elaine Grossman

Marilyn Koshel

Caroline McAliley

Joanne Sampson

Patricia & Michael Turba

Judy Vale

Thomas & Patricia Watters

David & Susan Zittel

Merlyn Lienke

Carol Geiger

Curtis & Linda Hanson

Dorothy Hasey

George & Janet Roberts

Jace Luther

Terry Howe

Stanley McAliley

Caroline McAlileyz

Warren Meier

Edward & JoAnn Kessenich

Robert "Bob" Nickerson

Mark & Bonnie Adam

Elaine Marquardt

Family & Friends of Robert

Nickerson

David & Susan Zittel

Richard "Dick" Powers

Mark & Bonnie Adam

Michael & Evelyn Dickman

Greatest Need

Jenny & Darren Gmeinder
William & Catherine Herrmann
Peter & Judith Kaland

Richard "Dick" Powers

Sharon Powers
Paul & Tara Voelker
Lois Williams
David & Susan Zittel

Rae Prisk

Terry Howe

Mary Jo Radke

Joyce Abegglen
Julie Gay

Darrell Rostad

Nancy Kind
John & Loretta Kurth
Debbie Retzlaff
Family & Friends of Darrell Rostad

Laddie Schmutzer

Constance & Terry Timper

Doug Seib

Steven Pederson

John H. Tramburg

Robert & Linda Shepard
Dennis & Andrea Tamminga
Family & Friends of John H Tramburg

Bernard "Bernie" Vander Sanden

Peggy & James First

Nancy Kind

Judith Lange

Robert & Judy Lenz

Patricia Schmitt

Catherine Schultz

Richard & Susan Sewell

Patricia Showers

Frank & Patti Statz

Tri-County Lodge 40

Judith Vick

Dorothy Hasey

Charleen Kuhn

Waldamar "Bill" Vick

Pat & Mark Jacob

Leonard & Jeanette Mackay

Diane Retzlaff

Viola Tiedt

Jana Weatherwax

Julie Gay

Terry Howe

Bruce & Judith Sullivan

Beverly Weber

David & Ali Buss

Allen Weisensel

Nancy Kind

Theodore "Ted" Williams

George & Janet Roberts

Gloria Wylesky

LaVern & Mary Fischer

Carroll & Mary Lou Swain

Wellness Walkway

Robert "Bob" McNulty

Evelyn McNulty

Jay Peeper

George & Carol Peeper

Rae Prisk

Jodie Ballweg

Charleen Kuhn

Kristi Line

Patti H. Walker

Laddie Schmutzer

Carrie & Kenneth Davin

Women's Health Endowment

Suzanne Browning

Carroll & Mary Lou Swain

Joan Livingston

Carroll & Mary Lou Swain

Volunteers of PRH

Scholarship Fund

Doris Dingee

Roger & Elaine Grossman

Thank you

A Living Legacy

A BIT ABOUT ENDOWMENTS

An endowment fund allows a person's gift to be in perpetuity. Financial endowments are typically structured so the principal amount invested remains intact, while investment income is available for immediate funding for use to keep a nonprofit company operating efficiently.

Most large endowments are structured so a portion of the principal is released for use only after a period of time. This delayed use of the donation allows for the donation impact to be extended over a longer period of time while encouraging endowment growth and ensuring that operational needs are covered.

Endowments also may be given with specific uses stated by the donor, further complicating disbursements. Therefore, almost all large endowment funds are professionally managed with clear investment goals.

Inspired by YOU!

To the many individuals, service clubs, businesses and organizations who support us through both monetary and in kind donations each year, we thank you! Together we continued to provide exceptional care to our patients in 2021. We could not do this without your amazing support.

We wish you health and wellness in 2022.

Sincerely,

Kristi Line

Prairie Ridge Health Foundation Executive Director



Donation of \$1000 in gas cards for those receiving cancer treatments. From Columbus-Fall River Sno-Blazers.

2022 FUNDRAISING EFFORTS

This year, with the help of generous donors like you, the Prairie Ridge Health Foundation will do great things for the hospital and the communities we serve.

LUNA INFANT SIMULATOR/NEWBORN RESUSCITATION TRAINING MANNEQUIN

Prairie Ridge Health Foundation is purchasing a \$35,000 CAE Luna Newborn Training Simulator. The OB nurses, obstetricians, CRNAs, House Supervisors, and ER teams will be able to train on a fully interactive, wireless simulator. From newborn assessment and infant CPR to advanced life support and neonatal resuscitation, the Luna baby offers a comprehensive range of features and scenarios.

No other rural facility in our area has a training mannequin at this level, and with PRH having a record number of births last year, the Foundation is excited to provide this state-of-the-art training equipment for the team. This will help us to save the newest of lives.

PULMONARY FUNCTION TESTING EQUIPMENT

Prairie Ridge Health Foundation plans to spend \$58,000 to provide updated Pulmonary Function Testing equipment for our Respiratory Therapy Department. We will fundraise throughout the year and then round out the fundraiser with our Annual Appeal. This new equipment will replace our existing testing equipment that is nearing the end of life.

This equipment is used to measure lung function and provide a full respiratory system analysis. COVID has taken a toll on a lot of people's lungs and long-term effects are still to be seen. The PRH Foundation wants to be a part of ensuring we have the best testing equipment available for the patients we serve.

Help us make a difference by donating today at www.PrairieRidge.Health/Donate

Donation of \$800 for PRH Breast Health Program from the Royal Neighbors of America - Doylestown/Rio.



Donation of Good Neighbor Bears and coffee certificates for parents and babies from Dave Maylone at State Farm Insurance.

Wheeled Walkers for the hospital main entrance to be used by PRH physical therapy patients from the late John Van Roo.



Snacks for the PRH nursing team from the Randolph High School students and faculty.

Wellness Walkway

Dedication Bricks

Dedication bricks offer a wonderful way to honor or memorialize a loved one or commemorate a special occasion in one's life. The bricks may be engraved with a variety of messages: the name of a loved one, living or deceased; the date of a birth, graduation, wedding or anniversary; or a special message to the community.

Bricks are ordered twice a year, and placed along the Wellness Walkway in one of three special nodes where they can be viewed by all who visit the walkway.

4" x 8" Brick - \$50.00

8" x 8" Brick - \$100.00

12" x 12" Brick - \$150.00

For more information about how to leave a lasting legacy to ensure quality healthcare for your friends, family, neighbors and future generations by making a planned gift through your estate planning, please call 920-623-1370.

Additional Tribute Opportunities

Additional commemorative and naming opportunities are available for donations of \$1,000 or more. Please contact the Foundation Office for details.

Below is the personalized message I would like engraved on my dedication brick:

1. 4"x8" brick up to 3 lines
2.
3.
4. 8"x8" brick up to 4 lines
5. 12"x12" brick up to 6 lines
6.

PLEASE NOTE: No more than 12 characters per line, including spaces and punctuation. Please leave appropriate spacing between words. Engraving will be in ALL CAPITAL LETTERS.

**The Prairie Ridge Health Foundation reserves the right to review brick inscriptions for appropriateness.*

Additional order forms are available at www.PrairieRidge.Health/Foundation/Wellness-Bricks

Name _____ Address _____

City, State, Zip _____ Phone _____ Email _____

Cash Check (payable to PRH Foundation) Credit Card # _____

Exp _____ CVV _____

Signature _____