

Foundation

Inspired by you

Focus

Donors take a Step Forward

Over \$218,000 raised for new Rehabilitation Services space and equipment

A new three-story clinic and rehabilitation building now stands on the Prairie Ridge Health campus. The new space features natural light, allowing for an open and warm atmosphere to promote healing and wellness. The expansion was made possible by the overwhelming support of community members who donated over \$218,000 to furnish the therapy and cardiac rehab gyms with new equipment.

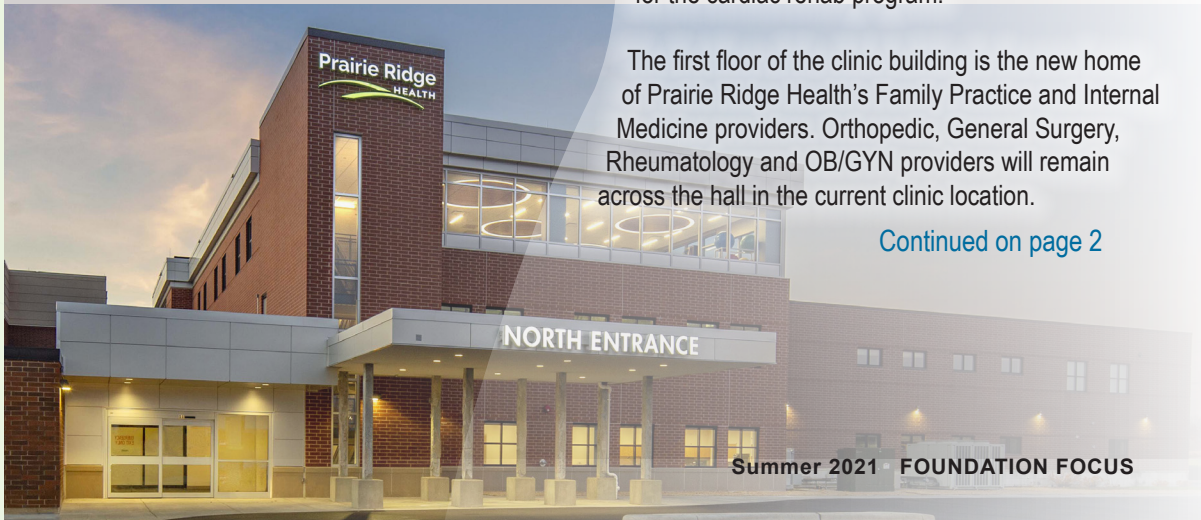
"We would like to thank the community for supporting us through the completion of the clinic and rehab building project," said John Russell, President and CEO of Prairie Ridge Health. "Your continued support gave us the ability to finish construction and offer these new spaces to our patients, team, and the communities we serve."

The clinic building's third floor is the new home of physical, occupational, and speech therapy services with a devoted registration and scheduling team. "Our rehabilitation services needed room to grow," explained Russell. The previous rehabilitation space on the hospital's first floor is now a dedicated space for the cardiac rehab program.

The first floor of the clinic building is the new home of Prairie Ridge Health's Family Practice and Internal Medicine providers. Orthopedic, General Surgery, Rheumatology and OB/GYN providers will remain across the hall in the current clinic location.

Continued on page 2

The Prairie Ridge Health Foundation is a non-profit organization to assist Prairie Ridge Health in providing outstanding health care services and promoting health throughout the area it serves.



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Taking a Step Forward

Continued from front page

Thank you!

Enjoy a virtual tour of the new space by visiting www.PrairieRidge.Health



Prairie Ridge Health Clinic opened in 2014 with five providers and four service lines: Orthopedics, General Surgery, Physical Therapy, and Medical Imaging. Now, in 2021, three clinic locations (Columbus, Beaver Dam, and Marshall) are the home of 18 providers offering 12 different service lines including: Orthopedics, General Surgery, OB/GYN, Rheumatology, Family Medicine, Internal Medicine, Nutrition, Diabetes, Medical Imaging, Physical Therapy, Occupational Therapy, and Lab.

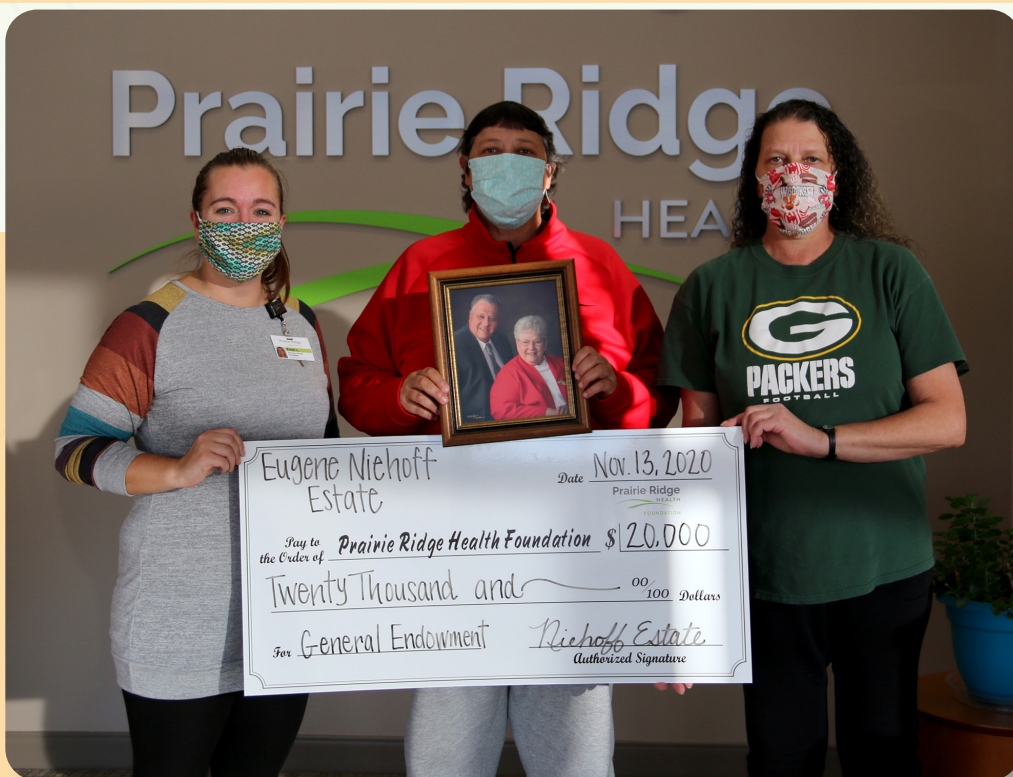
For more information about our clinic and rehabilitation services, visit:
Rehab: PrairieRidge.Health/services/rehab or call 920-623-1430
Clinic: PrairieRidge.Health/prh-clinics/clinic-services or call 920-623-1200

Pictured above: Julie Bergholz, PRH Foundation Chairperson, John Russell, PRH President & CEO, Katy Geiger, PRH Director of Outpatient Services, Kristi Line, Executive Director of Foundation at PRH.

A Living Legacy

A BIT ABOUT ENDOWMENTS

An endowment fund allows a person's gift to be in perpetuity. Financial endowments are typically structured so the principal amount invested remains intact, while investment income is available for immediate funding for use to keep a nonprofit company operating efficiently. Most large endowments are structured so a portion of the principal is released for use only after a period of time. This delayed use of the donation allows for the donation impact to be extended over a longer period of time while encouraging endowment growth and ensuring that operational needs are covered. Endowments also may be given with specific uses stated by the donor, further complicating disbursements. Therefore, almost all large endowment funds are professionally managed with clear investment goals.



Thank you to the Family of Eugene Niehoff for the gift of \$20,000 to the Prairie Ridge Health Foundation's General Endowment Fund. Shown in photo from left: Kristi Line, Executive Director of Foundation at Prairie Ridge Health, Beverly Niehoff and June Niehoff (daughters of Gene & Carol Niehoff)

Giving to the Prairie Ridge Health Foundation

In 2020, your donations to the PRH Foundation donations made the following possible:

- **Portable Ultrasound** for the Emergency Department.
To aid in diagnosing patients without moving the patient from their room.
- **Donor Milk Refrigerator** for the Childbirth Services Department.
To store donated breast milk for newborns.
- **Miscarriage Kits** for Perinatal Loss Program.
To provide care and compassion for those who suffered loss due to a miscarriage.
- **CuddleCot Cooling Bed*** for Perinatal Loss Program.
To provide the time needed for parents to grieve immediately following a perinatal loss.
- **Cooler Backpacks** for Cancer Navigation Program Patients.
To provide a convenient bag for necessities during treatments.
- **Thermal Camera** for Maintenance.
To identify inefficiencies and repairs needed within the heating and cooling system.
- **Drywall Cart** for Maintenance.
To move heavy objects and equipment safely within the hospital and clinics.
- **Regional Nerve Block Cart*** for Anesthesia.
To store all necessary equipment and supplies to administer nerve blocks during surgeries.
- **Water Bottle Filling Station*** for Conference Room.
To provide direct access to community members and team members to fill water bottles when participating in educational classes.
- **Fabric Masks** for Walk In Wednesday mammogram patients.
- **Pediatric Crash Cart*** for Emergency Department.
To house all critical supplies needed when responding to pediatric emergencies.
- **Dry Bath*** for Laboratory Services.
To warm blood bank tubes during testing and ensure precise temperature control.
- **Fetal Monitoring & Labor Progress Model*** for Childbirth Services.
A realistic simulation of labor assessment to help train nurses on labor progression.
- **Troop Elevation Pillow System*** for Anesthesia.
To assist with airway management during both sedation and intubation.
- **Wig Program** for Cancer Navigation Program.
To provide wigs for patients undergoing cancer treatment.
- **Mammography & Biopsy After Care Kits**
with help from our local high school volleyball, football, and basketball teams.
- **Nursing Scholarships** for employees and high school students entering or furthering a nursing career.
- **Emergency Patient Assistance Funds**
to assist patients with emergent needs, such as transportation, clothing, etc.
- **Growth of the Endowment**
PRH Foundation endowments: General Endowment, Women's Health Endowment, Infrastructure and Equipment Endowment, and Community Education Endowment.

The Prairie Ridge Health Foundation supports the hospital's mission through the distribution of funds to various hospital programs and services. Funds are generated through donations, both monetary and in kind, from community members, business leaders, hospital team members, medical staff, and volunteers.

Total Donations
10/01/2019 - 9/30/2020
\$283,700
Employee Giving \$24,339

Items with * were purchased with donations from our team through the Employee Giving Program.

Gifts

TO HELP US GROW

This section is devoted to recognizing those who contribute so generously to the Prairie Ridge Health Foundation. Your gifts are needed and sincerely appreciated. Every effort was made to assure an accurate listing. The following gifts were received from November 1, 2019 - April 30, 2021. In the event of an error, please contact the PRH Foundation Office at (920) 623-1370.

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Fund Destination:

In Honor Of:

Given By:

[A Step Forward Campaign Rehab Equipment](#)

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American Packaging Corporation
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Jerome & Mary Benisch
Sheldon & Jeana Benzine
Randall & Doris Bobholz
Eugene & Janice Boelte
Daniel & Beth Burnard
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Columbus/Fall River Sno Blazers
Eric & Jamie Cotter
Kathryn Cullen
Bill Daley
Anne Donahue
Dorothy Ebert
Eppstein Uhen Architects
Farmers & Merchants Union Bank
Jerome & Joann Fedkenheuer
Dr. Gary Galvin &
Lee Gasper-Galvin
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Joan Link
Melissa & Michael Mangan
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Evelyn McNulty
Kevin & Lori McNulty
Randy & Rhonda Minick
Dr. Veronica Minier

[A Step Forward Campaign Rehab Equipment](#)

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Black Woodworks
Sheila & Phillip Worthen
Pauline Zeier

[Cancer Navigation](#)

Breast Health

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Volleyball Team
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Columbus/Fall River Sno Blazers
Countryside Ford-Mercury
Faith Lutheran Church
Fall River Volleyball Team
Joyce Gretzinger
Lost Lake Acres
Rio Volleyball Team
Royal Neighbors of America –
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Jennifer Swan

Colon Cancer Awareness

Faith Lutheran Church

[Cardiac Rehab](#)

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Toasts & Tastes Supporters 2021

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[Perinatal Loss Program](#)

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[Call System](#)

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Thank you

Gifts

Gifts received after April 30, 2021 will be printed in the next issue of the Foundation Focus.

Visit PrairieRidge.Health for more information or contact Kristi Line at 920-623-1370 or kline@prairieridge.health

Wireless Patient Call System

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Women's Health

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Nancy Kind

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Gifts received after April 30, 2021 will be printed in the next issue of the Foundation Focus.

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Mary Kirchberg

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Sally Price

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Ruth Juech
Sally Price

Stan McAliley

Roger & Elaine Grossman

Joanne Nitschke

Roger & Elaine Grossman

Sally Owen

Roger & Elaine Grossman

Romona Walker

Patti Walker

Meet

the new members of your PRH Foundation Board of Directors



Members of the Prairie Ridge Health Foundation Board of Directors are ambassadors of Prairie Ridge Health. Individually, they serve as liaisons between Prairie Ridge Health and the communities it serves. Together, the board aids in increasing the quality and well-being of those we care for by raising, recognizing and managing charitable gifts and bequests. We welcome two community members to our board.

Ann Berg served our communities as a Registered Nurse for 43 years, with 28 of those years being at Prairie Ridge Health in Columbus. Her first job as a teenager was as a nursing assistant at St. Mary's Hospital in Columbus. During her career, she worked in many areas of healthcare, including educating and orienting new employees.

She and her husband Chuck have two sons Jeff (Ashley) and Doug (Morgan) and one granddaughter Maddie. As a lifelong resident of Fall River, she is pleased to be a member of the PRH

Foundation board. "I hope that I can bring the perspective of a longtime healthcare worker as ideas are presented and decisions are made."

Deb Krebs is a veteran at Bank of Sun Prairie and serves as their Assistant Vice President, Community and Strategic Partnerships. Her philosophy in this critical role at Bank of Sun Prairie is to give back wholeheartedly to the communities the bank serves – and giving back to Deb means something tangible such as showing up, pitching in and giving as much of your time and resources as you can. In fact, Deb is on point for organizing all bank employees for all community volunteer opportunities and is the bank liaison for all area nonprofits and charitable organizations. She also serves on other boards such as the Sunshine Place and the Downtown Business Improvement District both in Sun Prairie. Deb is a dedicated, loyal community service and marketing professional and is eager to apply her experience and skills to help make a difference for Prairie Ridge Health Foundation.



For more information about the Prairie Ridge Health Foundation and how you can make a difference in the health of your community, contact Kristi Line, PRH Foundation Executive Director at 920-623-1370 or kline@Prairieridge.Health or visit www.PrairieRidge.Health.

ESTATE PLANNING SEMINAR VIDEO SERIES

Join Charles Eggert, Eggert Law LLP, and Kristi Line, PRH Executive Director of the Foundation for a special video series to learn the step by step process to anticipate, plan, and arrange for the disposal of an estate during your lifetime.

Video 1

What is Estate Planning and an Introduction to Wills and Trusts

Video 2

How to Skip Probate and Understanding the Use of Beneficiaries

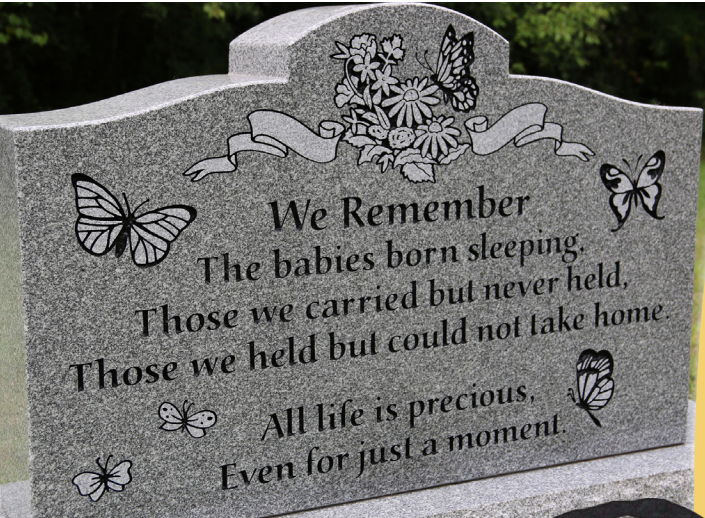
Video 3

Giving Throughout Your Lifetime



For more information
contact Kristi at
920-623-1370 or
kline@prairieridge.health

<https://prairieridge.health/en/foundation/estate-and-planned-giving>



Perinatal Loss

Acknowledging Early Pregnancy Loss Through Support and Understanding

Each year across the United States, families are devastated due to the loss of a child to stillbirth or miscarriage. Prairie Ridge Health's Perinatal Loss Program provides support to families during a difficult time.

"Experiencing a perinatal loss is one of the most profound events a family can endure," said Rachel Svendsen, MSN, RNC-OB, Childbirth Services Manager at Prairie Ridge Health. "Parents go through a period of grief and mourning after a perinatal loss/miscarriage. Grief can be severe, complicated, and enduring and show many variations in emotional state over an extended period."

Prairie Ridge Health supports families through compassionate communication, shared decision-making, creating meaningful memories, acknowledging grief, and family care in the period following their loss. "Mourning can lead to feelings of depression, isolation and low self-esteem. The Perinatal Grief and Loss program helps guide the patient and their family through this difficult time. Providing mementoes, ability to spend as much time with their baby as they would like, teaching and education, burial decisions and

grief support.," said Cathy Bolan, RNC, CBPN-I; ONC and Perinatal Loss Program Coordinator at Prairie Ridge Health.

Bolan explains that the perinatal loss program provides attention to the details, allowing the parents the time they need to grieve. Through various donations from community members, hospital employees, and the Volunteers of PRH, PRH is able to offer angel gowns for burial, a Cuddle Cot, memory rings, and keepsake boxes to aid in the grieving process.

"The Cuddle Cot system cools the baby giving families time with their baby instead of having to take the baby from the room," said Bolan. "The Cuddle Cot cools to an ideal temperature for preserving baby without being too cold for the parents. Holding and spending time with babies after perinatal death is known to help the grieving process of the family."

In addition, PRH now has a burial site for early perinatal losses. "Our burial site is located at Hillside Cemetery, a place where families can say their goodbyes in a peaceful setting," said Bolan. "The plot was generously donated by City of Columbus and the beautiful memorial stone was donated by Koepsell-Murray Funeral and Cremation Services."

PRH will hold a special memorial service annually for anyone who has suffered a perinatal loss at any time in their lives. "We hope this service will bring peace to those who are grieving a loss," said Bolan.

For more information regarding the perinatal loss program at Prairie Ridge Health, information regarding the memorial service, or to make a donation to the program, visit www.PrairieRidge.Health or call 920-623-6434.



Wellness Walkway

Dedication Bricks

Dedication bricks offer a wonderful way to honor or memorialize a loved one or commemorate a special occasion in one's life. The bricks may be engraved with a variety of messages: the name of a loved one, living or deceased; the date of a birth, graduation, wedding or anniversary; or a special message to the community.

Bricks are ordered twice a year, and placed along the Wellness Walkway in one of three special nodes where they can be viewed by all who visit the walkway.

4" x 8" Brick - \$50.00

8" x 8" Brick - \$100.00

12" x 12" Brick - \$150.00

For more information about how to leave a lasting legacy to ensure quality healthcare for your friends, family, neighbors and future generations by making a planned gift through your estate planning, please call 920-623-1370.

Additional Tribute Opportunities

Additional commemorative and naming opportunities are available for donations of \$1,000 or more. Please contact the Foundation Office for details.

Below is the personalized message I would like engraved on my dedication brick:

1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4"x8" brick up to 3 lines
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8"x8" brick up to 4 lines
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12"x12" brick up to 6 lines
6.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

PLEASE NOTE: No more than 12 characters per line, including spaces and punctuation. Please leave appropriate spacing between words. Engraving will be in ALL CAPITAL LETTERS.

**The Prairie Ridge Health Foundation reserves the right to review brick inscriptions for appropriateness.*

Additional order forms are available at www.PrairieRidge.Health/Foundation/Wellness-Bricks

Name _____ Address _____

City, State, Zip _____ Phone _____ Email _____

Cash Check (payable to PRH Foundation) Credit Card # _____
Exp _____ CVV _____

Signature _____

Inspired by YOU!

To the many individuals, service clubs, businesses and organizations who donated Personal Protective Equipment, cloth masks, food and cards for our team, gifts for our patients, and other needed supplies during the COVID-19 pandemic of 2020,

We thank you!

Together we protected our communities and continued to provide exceptional care to our patients. We could not have done this without your amazing support.

We wish you health and wellness in 2021.

Sincerely,

Kristi Line

Prairie Ridge Health Foundation Executive Director



FREE

2021 Estate Planning Seminar – “Define Your Legacy”

November 9, 2021

10:00 am – 1:00 pm

Farmers & Merchants Union Bank - Columbus

*Includes Lunch

To reserve your
seat call
920-623-1370

Golf Classic July 16

Kestrel Ridge Golf Club

Join us for a fun-filled day of golf. The 18-hole scramble features hole prizes, hole-in-one opportunities, games, golfer gift bag, box lunch, door prizes, and after-golf appetizer and award event. Prizes for the top scoring teams in three flights. Reserve your foursome spot by calling 920-623-1370.

- 9:30 a.m. shotgun start
- Registration fee \$100 per golfer.
- Sponsorships available!
- Reserve your spot by contacting Kristi at 920-623-1370 or Foundation@PrairieRidge.Health or register at the link below

www.eventregisterpro.com/event/PRHGolf

Trap Shoot August 7

at Waterloo Gun Club

Outdoor enthusiasts of all ages will enjoy this annual trap shoot event, which ends the day with an Annie Oakley competition and a raffle. 10 a.m. - 5 p.m. Food and fun throughout the day!
No reservations needed.

Proceeds from both events are designated toward a new gastroscope for the Surgery Department. This state-of-the-art equipment is used to produce high-resolution images that help detect throat and stomach conditions such as gastritis, ulcers and cancer.

*Save the
Date*

A tip about *Giving*



Ryan Russell, AAMS
Financial Advisor
Edward Jones

A Direct Beneficiary Designation can be an easy way to transfer assets to a charitable beneficiary or divide assets between loved ones and charities. Here are three strategies to consider:

- 1. Bank and Brokerage Accounts:** A transfer on death (TOD) or payable on death (POD) arrangement may be used to transfer all or part of an account and may allow for a deduction on the estate tax return.
- 2. Tax-deferred Retirement Accounts:** A Direct Beneficiary Designation left to a qualified charity can generally withdraw the entire account balance without having to pay any income taxes.
- 3. Life Insurance:** For those who want to contribute a specific dollar amount consider gifting a permanent life insurance policy directly to charity. Since life insurance has a stated death benefit, you can ensure your legacy plans are met independently of the final value of your other assets.

Continue to work with an estate-planning attorney, tax professional, and financial advisor to implement your strategy.

For more information about giving to the PRH Foundation,
visit www.PrairieRidge.Health or call 920-623-1370.